

Zeiten	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
08:00				Fussball-Schule 08:15 - 11:00 Rasenstürmer			
08:30							
09:00	Rückenkurs 09:00 - 10:00						
09:30			Tagespflege (KiGa) 09:30 - 10:30				
10:00		TSA 10:00 - 11:00					
10:30	TSA 10:30 - 11:30		TSA 10:30 - 11:30				
11:00							
11:30							
12:00							
12:30		Fussball-Schule 12:15 - 14:00 Rasenstürmer					
13:00							Fussball 13:00 - 17:00
13:30							
14:00				Qigong-Kurs (BGM) 14-15h			
14:30			Fussball-Schule 14:00 - 16:00 Rasenstürmer				
15:00							
15:30				Bewegungskurs (BGM) 15:30 - 16:30	VHS Kinderturnen 15:15 - 16:15		
16:00		VHS Kinderturnen 15:00 - 17:15					
16:30	Yoga (BGM) 16:30 - 18:30			Karate 16:30 - 18:30			
17:00			Badminton FBI 16:30 - 18:30				
17:30		VHS Fit-Mix 17:30 - 19:00					
18:00				Tischtennis 17:00 - 19:00			
18:30	Badminton ASTA 18:30 - 20:30		Basketball 18:30 - 20:00				
19:00							
19:30							
20:00							
20:30	Tischtennis 20:30 - 22:00	Volleyball 20:00 - 22:00		Badminton 20:00 - 22:00	Basketball 20:00 - 22:00		
21:00			Fussball 20:30 - 22:30				
21:30							
22:00							
22:30							