

Agenda

- 1. Introduction
- 2. Triune Brain Theory
- 3. Biostructure
- 4. Way of working
- 5. Objectives
- Lessons learned
- 7. Open questions / discussion

Hands-on experiences in higher education to increase motivation

Can a profound self-knowledge about personality traits increase the motivation to achieve academic success?

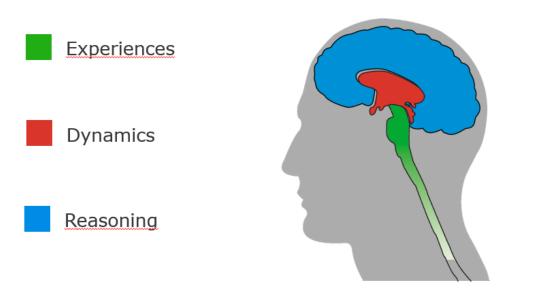
Method/ thematic field -'The STRUCTOGRAM®'-

- Developed by Paul D. MacLean, offering scientific base out of evolution theory
- Nature has given humans three types of brains, that despite large differences in structure, function and task should form a trinity
- Basis of Biostructural Analysis: connects genetically determined patterns (nature) with situational, external factors (nurture)
- Offers insights in human personality development

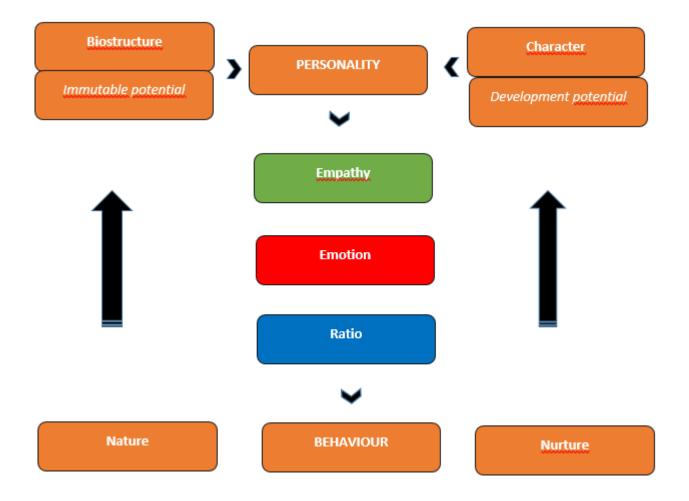
"An interest in the brain requires no justification other than a curiosity to know why we are here, what we are doing here and where we are going."

Method/ thematic field -Triune Brain Theory-

Lizard Brain	Mammal Brain	Human Brain
Brain stem & cerebelum	Limbic System	Neocortex
Fight or flight	Emotions, memories, habits	Language, abstract thought, imagination, consciousness
Autopilot	Decisions	Reasons, rationalizes



Method/ thematic field -Personality and Behaviour-



Method/ thematic field -What does the 'STRUCTOGRAM' offer?-

- Personality Analysis
- Recognizing your strengths, weaknesses and limitations / pitfalls
- Sharper self-image
- Deploy strengths more targeted
- Understand other people better



Method/ thematic field -Individual dominance-hierarchy (biostructure)-

Strongest component:

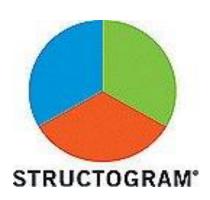
- Responsible for the essential motivation
- Foundation for action and reaction behavior

Second component:

Converting the 'objectives' of the strongest component

Weakest component:

 Fulfillment of basic needs of psychosomatic network (i.e. refueling metabolic system (serotonin, adrenaline, dopamine))



Basic conditions

Targetgroup within 'School of Business Management':

- First year students
 - School of Business Management (BMER), part time
 - Post-HBO (polytechnic) Business Management Studies
 - Study Broad Middle Management
 - Human Resource Management, part time

Other institutes within Hanze University of Applied Sciences:

- Social Legal Services, part time
- HBO (polytechnic) Law, part time

Objectives

- Study Coach can better guide students on the basis of proper knowledge
- Students speak the same language in both:
 - (Individual) coaching sessions
 - Training of management skills
- Monitor student progress with an important role for motivation, study skills and interests
- Coaching session on career development opportunities

Implementation

- Structogram Analysis embedded as the base of 'Professional Curriculum'
- Students are actively trained since 2014-2015
- Analysis conducted in the first month of the first year of the curriculum
- Training offered by certified teaching staff

Impact

- Coaching groups are formed after making the personality analysis
- Students must make three assignments from the 'Structogram' workbook as part of their digital portfolio:
 - Memorize your successes and failures and explain it from the Structogram
 - 2. Explore your experiences and try to recognize patterns
 - 3. Identify your opportunities and risks. Your weakest component also affects your personality

Resulting in:

- Input for their Personal Development Plan
- Professional learning goals as a base for professional growth and development
- Powerful reflection tool

Lessons learned

- 1. Education should focus less on intelligence exclusively
- 2. We need to pay more customized attention to the development of the students' personality in academic counseling with a strong focus on **motivation**, study skills and interests to increase academic success rates
- 3. Whereas the role of the teacher is shifting towards supervising instead of plain knowledge transfer, more attention should be paid to development of coaching skills with the teaching staff

Open questions / discussion

Open question:

Concrete investigation into students' and teachers' experiences and it's relation to study success rates

Discussion:

Do we recognize ourselves in this?

Literature

- Deci, E.L., & Ryan, R.M. (2000). Self-determination theory and the facilitation of intrinsic motivation, social development, and well-being. American Psychologist, Vol 55(1), 68-78.
- Feltzer, M.J.A. & Rickli, S.G. (2009). De Invloed van Persoonlijkheidskenmerken en Andere Factoren op Studie-Uitval in het Hoger Onderwijs. Departement Psychologie en Gezondheid, Universiteit van Tilburg (http://nolostcapital.de/sites/nolostcapital.nl/files/blogattachments/Publicatie_De_Invloed_van_Persoonlijkheidskenmerken_en_Andere_Factoren_op_Studie-Uitval_in_het_Hoger_Onderwijs.pdf)
- Kuijpers. M. & Meijers, F. (2010) Uit de schijnwerpers, in het daglicht van monoloog naar dialoog. Lectoraat Pedagogiek van de Beroepsvorming, De Haagse Hogeschool (http://www.frans-meijers.nl/cmsuploads/1274614544_Boek%20kenniskring.pdf)
- Mittendorff, K., den Brok, P. & Beijaard, D. (2011). Students' perceptions of career conversations with their teachers. Teaching and Teacher Education, 27, 515-523. (http://www.sciencedirect.com/science/article/pii/S0742051X10001733)
- Schoemen, J. (2014). Evolution of Personlity. Luzern: IBSA Institut f
 ür Biostruktur-Analysen AG
- Schoemen, J. & Stutz, P. (1977). Zelfkennis Structogram Training System. Luzern: Institut für Biostruktur-Analysen AG